

INDUSTRY CASE STUDY

ENERGY, UTILITIES, & WASTE MANAGEMENT

Fixing Back Pain Faster to Lower High-Cost Claims

Feeling lost in pain

Renee is a 43-year-old lineman employed by a utility company in West Virginia. For several months, he had been dealing with a dull ache in his low back. It often seized up at work, especially when he was reaching for cables. When the pain started worsening, he was unsure where to go for help. **He felt anxious about not being able to work**, especially because he frequently gets called in for emergency repairs. He was worried that he would end up needing surgery and would not be able to support his wife and two kids.

50% of employees in these industries report MSK issues
(15% higher than standard commercial populations)



“Working with Vori Health gave me my life back!

I would recommend their services to **anyone.**”

— RENEE K., LINEMAN

ADDING UP THE COSTS OF LOW BACK PAIN (LBP)

16.7 minutes

of productivity are lost per day
per employee with LBP due to
presenteeism¹



**27 work
days**

are lost per employee with LBP
due to temporary total disability²



CONTRIBUTING TO THE

\$225.8 B

total cost of productivity loss for
employers nationwide due to
absenteeism³



INDUSTRY PROFILE

Energy, Utilities, & Waste Management

INDUSTRY SIZE: **1.9M EMPLOYEES**
AVERAGE AGE: **44 YEARS**⁴

What are the MSK challenges?

- Physically-demanding work
- Awkward postures
- Repetitive overhead activities
- Heavy lifting
- Risk of trauma from falls and accidents

MSK care made easy

For employees like Renee, the physical demands of field work take a toll—**on every joint in the body**. With lack of access to expert care, especially in rural areas, MSK conditions can worsen quickly. With Vori, employees gain access to everything they need to overcome pain and avoid unnecessary surgeries—all from the convenience of home.

- ✓ Convenient video visits
- ✓ Appropriate, doctor-led care
- ✓ Physical therapy and 1-on-1 health coaching

Making care convenient

Renee heard about Vori Health through his employer. He liked that he could see a doctor from home and did not need to travel. After receiving an evaluation from one of Vori's specialty spine doctors, Renee was diagnosed with non-specific low back pain (the most common diagnosis) and started on a care plan of virtual PT, nutrition counseling for weight loss, and health coaching for improved sleep.

After 8 weeks, Renee lost 5 pounds and lowered his pain from a 6/10 to 1/10. Renee was discharged and continued his exercises at home. At 6 months, **he is now pain free** and feels ready to take emergency calls any time. Renee said he is grateful he had the chance to **take care of himself**. Above all, he feels relieved that he **avoided surgery and can be there for his family again**.

“I was able to get back to what truly mattered most in my life: **my family**.”



RENEE K., LINEMAN

We care for workers who put their lives on the line.

Visit vorihealth.com/employers or call **949-338-6814** to learn more.

¹PubMed: National Library of Medicine, 2018

²PubMed: National Library of Medicine, 2021

³CDC Foundation, 2015

⁴U.S. Bureau of Labor Statistics



91%

of Vori Health patients with lower back pain report improvement in pain

LESS
THAN

3%

are referred for surgery

Vori Health's holistic care model for low back pain is proven to reduce surgery, pain, imaging, and injections.



ValidationInstitute